

# Fludroxycortide Tape

## APPLICATION INSTRUCTIONS

Previously called  
Haelan Tape



**Waterproof**  
- effective and  
remains in place  
during hand washing



**Convenient**  
fixed dosage



**For both**  
children  
and adults

Always read the package leaflet first  
Use as indicated by your doctor  
Only use the tape on your skin



### STEP 1 CLEANING THE SKIN

- Before you apply Fludroxycortide Tape, make sure the affected skin is clean and dry.
- If you need to shave the skin around the affected area, your doctor or nurse will tell you how to do it.
- Fludroxycortide Tape is waterproof, so once in its place, you can wash, bathe, shower or even swim.
- Its matte surface mean you can apply make-up over it.
- If using on the face, do not use it for more than five days.
- Children under 18 years: Fludroxycortide Tape can be used on children. Do not use on children for more than 5 days. Always follow your doctors instructions.



### STEP 2 CUTTING THE TAPE

- Remove all contents from the packaging, read all usage instructions and wash your hands thoroughly.
- Use the cutting guide (available on our website) and a pair of sharp clean scissors as the tape won't tear.
- Make sure that the piece of tape you cut is big enough just to cover the affected area and an extra 0.5cm of skin all the way around.
- Apply the adhesive side of the tape to the affected area.
- Gently press and stroke gently from the middle outwards.
- Discard the paper backing and wash your hands.



### STEP 3 MAINTENANCE

- Once applied, don't cover the tape with other dressings or tightly fitting clothes and do not leave it on your skin for longer than your doctor has advised.
- Unused tape can be kept in the original container, tightly closed, away from children and at less than 25 degrees C.
- Once applied you can go about your day.



### STEP 4 CHANGING THE TAPE

- After 12 hours, carefully remove the tape.
- Use the same instructions as above if proceeding to apply new tape.
- Do not reuse after initial application.
- Do not throw away via waste water or household waste. Ask your pharmacist how to throw away any medicine you no longer use. These measures will help protect the environment.

Visit [typharm.com](http://typharm.com) or call 01603 722480 for more information

You can help to make sure that medicines remain as safe as possible by reporting any unwanted side effects via the internet at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Alternatively you can call Freephone 0800 731 6789 (available from 10am to 2pm Mondays to Fridays) or fill in a paper form available from your local pharmacy.

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